

Non-Tournament Rules 2026

Categories and Rounds

Category	Age	Year of Birth (for 2025)	Rounds x 3
Funbox	6 - 10 years of age	2020 to 2016	1 min
U13/ Junior A	11 & 12 years	2015 & 2014	1 min
U15/ Junior B	13 & 14 years	2013 & 2012	1.5 mins
U17 Junior C	15 & 16 years	2011 & 2010	2 mins
U19/ Youth	17 & 18 years	2009 & 2008	Novice 2 mins Open 3 mins
Elite	19 years +	2007 to 1986	Novice 2 mins Open 3 mins
Masters	40+	1985 and before	41- 45 years 2 mins 46-55 years 1.5 mins + 55 years 1 min

Maximum Age/Experience Allowance

FunBox	12 months
U13 (Jr A) to U 15 (Jr B)	24 months
U15 (Jr B) to U17 (Jr C)	24 months
U17 (Jr C) to U19 (Youth)	24 months
U19 (Youth) to Elite	24 months *2nd year Open Youth can box Elite w/ a min of 10 bouts and Ring Supervisor believes the 18 year old is sufficiently prepared
Elite to Masters	10 years
Masters Division	10 years
Novice vs Novice	7 bouts
Novice vs Open	5 bouts

Weight Allowances **When not in same weight class

U19 (Youth) & Elite MALE

Weight Difference

Under 90 kg	5 kg
Over 90 kg	No maximum difference

U19 (Youth) & Elite FEMALE

Under 60 kg	3 kg
Over 60 kg & under 80 kg	5 kg
Over 80 kg	No maximum difference

Funbox	3 kg
Masters Male & Female	5 kg

U13 (A), U15 (B) & U17 (C) Male & Female

Under 54 kg	3 kg
Over 54 kg to 66 kg	4 kg
Over 66 kg to 80 kg	5 kg
Over 80 kg	No maximum

Gloves

10 ounces	Funbox All Juniors (U13, U15 & U17) Youth & Elite Male 50 kg - 65 kg Female Developmental Male & Female 28 kg to 60 kg
12 ounces	U19 & Elite Male 70 kg - 90 kg+
16 ounces	Masters Developmental Male & Female 65 kg to 90+ kg

Notes:

- DEVELOPMENTAL (Dev) BOUTS (Exhibitions) • Boxers are matched on age, weight and experience as described in the rules • No decision – both hands raised (unless stoppage) – passbook entry “Dev Bout” ** Maximum 8 counts is one in a round or two in the bout **Length of rounds is the same as Novice Boxers for their age category
- FUNBOX is mandatory for boxers 6-10 years of age. Male and Female up to 10 years of age can box each other. **U13 (JrA) is optional and discretion of the coaches. **No winner and record as WFB in book. **NO coaching from corner, Referee is the instructor, controls the bout.
- For all boxers except Master’s the length of rounds is determined by the lowest age classification of boxers in the match
** Master’s length of rounds is determined by the highest age classification of the boxers
- A Novice Boxer has competed in ten or less bouts. Open is MORE than 10 bouts.
- A Novice boxer may be considered for Open competition based on the judgement of his/her Provincial Branch Executive, provided the boxer has competed in at least six (6) bouts as a Novice with four Developmental bouts count in the number of total bouts of Novice boxers.